



THE DOLPHIN

GLUTEN FREE MENU

tapas

MIXED MARINATED OLIVES - V £4.75

SPICY HOT CHILLI CHICKEN WINGS WITH SRIRACHA SAUCE - £4.75

starters and sharers

HOMEMADE SOUP OF THE DAY - V £5.95
served with toasted bread

DRESSED LEAVES - V £5.25
iceberg wedge drizzled with a blue cheese dressing and topped with chopped walnuts

CLASSIC NACHOS - V £10.50
served with sour cream, salsa, guacamole, jalapeños and cheese

Add beef or mixed bean chilli for £2.00

CHEESE PLOUGHMAN'S - V £13.95
cheese ploughman's of Cheddar, Stilton and Brie with apple, tomato, sweet pickle, pickled onions and toasted bread

Add home-cooked ham £2.00

BAKED CAMEMBERT - V £12.50
baked in the box with rosemary and garlic served with red onion marmalade and toasted bread

mains

FISH OF THE DAY - £12.50 / £8.95
coated in a Wadworth 6X Gold beer batter with chips, peas, lemon and tartare sauce

HAM, EGG AND CHIPS - £12.50
home-cooked honey glazed ham with free-range eggs, chips and slow roasted tomatoes

ALL DAY BREAKFAST - £9.50
full English breakfast of bacon, sausage, free-range egg, baked beans, grilled tomato, potato fritter and mushrooms

CHILLI CON CARNE - £11.50
slow cooked chilli con carne served with rice, nachos, sour cream and cheese

LENTIL DAHL - VG £11.50
red lentil and chickpea dahl with basmati rice

HOUSE SALAD - V £8.50
with shredded iceberg, red onion, tomato, cucumber, peppers and carrot with toppings

Choose your dressing from; Caesar, honey and mustard or balsamic and olive oil... then choose your topping:

TUNA £2.50 **CHICKEN £3.00**
CRUMBLIED STILTON £1.50 **BACON £1.50**
FETA AND OLIVES £2.00

NIÇOISE SALAD - V £10.50
with green beans, potatoes, olives, tomato, red onion, baby gem and a soft-boiled egg

Add halloumi or chicken for £3.00

burgers

BEEF BURGER - £10.95
6oz Beef burger on a toasted bun with crispy onions, lettuce, dill pickle, classic burger sauce, summer slaw and chips

Add jalapeños, goat's cheese or chilli for £1.00 each

GRILLED HALLOUMI AND ROASTED PEPPER BURGER - V £11.50
on a toasted bun with tomato, lettuce, pesto and chips

sides

BEER BATTERED ONION RINGS - V £3.75

HOUSE SALAD - V £3.50

CHIPS - V £3.50

CHEESY CHIPS - V £4.50

jacket potatoes

All our jacket potatoes are served with dressed leaves

CHILLI CON CARNE AND CHEESE - £7.25

MATURE CHEDDAR AND BAKED BEANS - V £6.25

TUNA MAYONNAISE AND RED ONION - £6.75

sandwiches

Please ask for today's bread selection and then choose from the fillings below

BRIE, BACON AND CRANBERRY - £7.75

HAM, CHEESE AND CHUTNEY - £6.75

SHREDDED DUCK WITH HOISIN AND CUCUMBER - £7.25

TUNA MAYONNAISE AND RED ONION - £5.75

puddings

CHOCOLATE BROWNIE - V
with vanilla ice-cream and chocolate sauce

DAIRY ICE-CREAM AND SORBET - V
choose 3 scoops from our ice-cream and sorbet selection, ask us for more details

STICKY TOFFEE PUDDING - V
served with vanilla ice-cream

CLASSIC CRÈME BRÛLÉE - V

CHEESE PLATE - £8.95

A selection of British cheeses served with grapes, apple, celery and chutney

ALL AT
£5.95
EACH

hot drinks

Choose from our range of hot drinks:

AMERICANO - £2.75

CAPPUCCINO - £3.00

LATTE - £3.00

ESPRESSO - £2.50

DOUBLE ESPRESSO - £3.00

FLAT WHITE - £3.00

HOT CHOCOLATE - £3.25

POT OF TEA - £2.75

SPECIALITY TEA - £2.90

MOCHA - £3.25

Freshly made daily specials are always available ask us for more details

(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.

