

Breakfast

The 'BIG' breakfast £16.00 NOT AVAILABLE GLUTEN-FREE

Two rashers of bacon, two pork sausages, two slices of black pudding, two free range eggs, Heinz baked beans, field mushroom, plum tomatoes in tomato juice, hash browns and two slices of white or wholemeal toast.

Includes free Americano coffee or tea. Choice of fried, poached or scrambled egg.

Set full English [GFO*] £10.95

Pork sausage, rasher of bacon, free range egg, Heinz baked beans, field mushroom, plum tomato in tomato juice and hash brown with your choice of white or wholemeal toast.

Choice of fried or poached egg.

Set vegetarian full English [V] £9.95 NOT AVAILABLE GLUTEN-FREE

Vegetarian sausage, free range egg, Heinz baked beans, field mushroom, plum tomato in tomato juice and hash brown with your choice of white or wholemeal toast.

Choice of fried or poached egg.

Toasted breakfast wrap NOT AVAILABLE GLUTEN-FREE £9.95

Scrambled egg, bacon, sliced sausage and melted Cheddar cheese. Served with hash browns.

Breakfast Butties

On your choice of white or wholemeal bread.

Bacon (3 rashers) [GFO*]	£4.95
Sausages (2) [GFO*]	£5.25
Vegetarian sausages (2)	£5.25
Bacon (2) & fried egg [GFO*]	£5.95
Sausage (2) & fried egg [GFO*]	£5.95
Sausage (2) & bacon (2) [GFO*]	£5.95
Sausage (2), bacon (2) & fried egg [(GFO*] £6.95

Breakfast Lights

Toast and marmalade [V] [VG] [GFO*]
Your choice of white or wholemeal toast with
Tiptree orange marmalade.

£3.00

Toasted teacake [V] [VG] With your choice of Tiptree orange marmalade or strawberry jam.

Beans on toast [V] [VG] [GFO*] Heinz baked beans on your choice of white or wholemeal toast.

£4.50

£3.00

Eggs on toast [V] [GFO*]

£5.50

Choice of fried, poached or scrambled on white or wholemeal toast.

Extras

Sausage [GF]	£2.00
Vegetarian sausage [V] [VG]	£2.00
Bacon (2 rashers)	£2.00
Black pudding (2 slices)	£2.00
Plum tomatoes [V] [VG] [GF]	£2.00
Field mushroom [V] [VG] [GF]	£2.00
Heinz baked beans [V] [VG] [GF]	£2.00
Hash browns [V] [VG] [GF]	£2.00
Fried bread [V] [VG] [GFO*]	£2.00
Toast (white or wholemeal) [V] [VG] [GFO*]	£2.00

*£1 GF SUPPLEMENT applies to all bread

Food allergy and intolerance information

If you have a specific dietary need, please inform staff before ordering, to minimise the risk of cross-contamination. Ingredients and specifications can change; so, even if you have dined with us before, it is important to review this information before ordering. The Dolphin identifies the 14 major allergens. Our kitchens do not handle any products which contain peanuts; however, we do sell pre-packaged peanuts from our bar. Many of the ingredients we use are produced in factories which handle additional allergens. The manufacturers have controls in place and are subject to frequent audits, yet customers should be aware that there could be a small risk of cross-contamination. While we have procedures for segregating preparation within the kitchen, service may involve shared preparation/cooking areas. If you have a specific food allergen need, please inform us; we will take reasonable steps to prepare your meal safely, although we cannot guarantee a completely allergen-free environment or products. Our menu descriptions do not include all ingredients.

All weights are approximate before cooking. Fish dishes may contain small bones. Prices are in pounds sterling and include VAT, charged at the current rate. All Menu items are subject to availability. We reserve the right to withdraw/change offers (without notice), at any time.